

# Rangliste Rhyathlon vom 18.08.2019

## Schüler 10-13 weiblich

Rang	Nr	Name	Team	1	2	3	4	5	Gesamt
1.	43	Doerig Leonie (2006, Appenzell)	SCAP	02:06.5	12:10.3	05:06.0	-	-	19:22.8
2.	71	Kohli Maeva (2008, Wittenbach)	SVSW	02:27.0	12:57.2	06:12.1	-	-	21:36.3
3.	59	Kuster Eleni (2007, Diepoldsau)		02:35.0	13:48.9	05:56.3	-	-	22:20.1
4.	69	Rechsteiner Amelie (2007, Wittenbach)	-	02:49.7	13:29.5	06:10.0	-	-	22:29.2
5.	48	Kleindienst Paula (2008, Lindenberg Im Allgäu)	Tri Club Lindenberg	03:09.9	14:06.8	05:47.0	-	-	23:03.8
6.	49	Künzle Leonie (2008, Appenzell)		03:27.1	13:55.3	05:44.7	-	-	23:07.1
7.	54	Dietsche Jana (2006, Kriessern)	KTV Kriessern	03:24.9	14:32.7	06:19.5	-	-	24:17.0
8.	57	Bützer Julia (2008, Altstätten)		03:41.1	14:42.0	05:54.5	-	-	24:17.7
9.	47	Morak Maria (2007, Diepoldsau)		03:30.1	14:33.0	06:21.1	-	-	24:24.1
10.	61	Christen Zoe (2009, Marbach)		03:21.9	15:05.1	06:03.5	-	-	24:30.5
11.	56	Tocek Elodie (2008, Winterthur)		02:41.2	15:50.9	06:24.0	-	-	24:56.2
12.	55	Di Gennaro Lucy (2009, Winterthur)	Finishers Winterthur	02:44.3	15:47.4	06:43.5	-	-	25:15.2
13.	68	Wohlgensinger Ladina (2008, Berneck)		03:40.9	15:02.0	06:34.5	-	-	25:17.4
14.	50	Lengmüller Josefina (2009, Kreuth)	RS Tegernseer Tal	03:42.3	14:51.5	06:58.1	-	-	25:31.9
15.	60	Waldburger Riana (2007, Au)		03:04.0	14:34.7	08:05.8	-	-	25:44.5
16.	53	Dietsche Alisha (2009, Kriessern)	KTV Kriessern	03:53.2	16:43.6	06:07.6	-	-	26:44.4

## Schüler 10-13 männlich

Rang	Nr	Name	Team	1	2	3	4	5	Gesamt
1.	52	Kalberer Nico (2008, Gais)	Tri Bodensee	02:08.3	11:09.4	04:40.1	-	-	17:57.8
2.	67	Azzarone Aurelio (2006, Widnau)		02:42.8	12:15.7	05:35.3	-	-	20:33.8
3.	42	Ranzoni Timo (2008, Waldkirch)		02:18.6	13:11.0	05:33.1	-	-	21:02.7
4.	44	Hofer Philipp (2007, Lustenau)	TS Lustenau	03:02.9	13:07.0	05:21.4	-	-	21:31.3
5.	46	Hüsgen Jakob (2009, Dornbirn)	RV Dornbirn	02:47.7	13:57.6	06:00.4	-	-	22:45.6
6.	45	De Natale Marlon (2008, Flawil)		02:49.0	14:48.9	06:01.4	-	-	23:39.3
7.	62	Kanner Anton (2009, Dornbirn)	Tri Dornbirn	03:08.8	13:22.4	07:19.1	-	-	23:50.3
8.	51	Hitzert Julien (2009, Sevelen)		02:25.9	14:27.1	07:16.8	-	-	24:09.8
9.	63	Hegelbach Jonas (2007, Buchs)		03:45.1	14:20.3	07:07.9	-	-	25:13.3
10.	40	Morak Gabriel (2009, Diepoldsau)		03:29.2	15:31.7	06:16.8	-	-	25:17.6
11.	65	Schneider Nico (2007, Rüthi)		04:19.0	14:31.9	06:47.3	-	-	25:38.2
12.	58	Dumoulin Indi (2009, Balgach)		04:07.9	17:25.4	06:34.2	-	-	28:07.5

## Jugend 14-17 weiblich

Rang	Nr	Name	Team	1	2	3	4	5	Gesamt
1.	25	Dörig Sarina (2004, Appenzell)		04:09.5	11:46.7	08:21.6	-	-	24:17.8
2.	16	Azzarone Adriana (2004, Widnau)		03:29.1	12:08.0	09:34.0	-	-	25:11.0
3.	1	Nussbaumer Jana (2004, Arnegg)		03:16.0	12:26.4	10:02.9	-	-	25:45.3
4.	17	Di Bartolomeo Marika (2002, Heerbrugg)		03:24.5	12:16.8	10:28.3	-	-	26:09.6
5.	10	Fiordimondo Flavia (2005, Oberschan)	Trivaduz	03:41.5	13:04.8	09:29.0	-	-	26:15.2
6.	24	Di Bartolomeo Eva (2004, Heerbrugg)		04:32.6	15:39.2	12:01.7	-	-	32:13.5
7.	20	Rechsteiner Leann (2005, Wittenbach)	-	04:27.9	18:40.1	09:59.1	-	-	33:07.1
8.	5	Graf Valerie (2004, Heerbrugg)		04:15.6	16:49.5	15:04.5	-	-	36:09.6

## Jugend 14-17 männlich

Rang	Nr	Name	Team	1	2	3	4	5	Gesamt
1.	7	Böppli Benjamin (2002, Hittnau)	JTRI	03:02.5	10:48.1	07:45.0	-	-	21:35.6
2.	13	Salamin Colin (2003, Bulle)	TRIVIERA	02:43.1	11:02.0	08:58.9	-	-	22:44.0
3.	8	Böppli Jannik (2004, Hittnau)	JTRI	03:19.8	11:40.9	08:03.9	-	-	23:04.5
4.	3	Ranzoni Nino (2005, Waldkirch)	Schwimmclub Flipper Gossau	03:22.5	11:49.7	08:05.3	-	-	23:17.4
5.	18	Krähenbühl Luca (2003, Rubige)		03:46.1	11:15.0	09:03.4	-	-	24:04.5

## Plausch

Rang	Nr	Name	Team	1	2	3	4	5	Gesamt
	15	Binggeli Marie (1997, Granges)		05:07.2	15:41.5	14:40.6	-	-	35:29.3
	23	Colruyt Joas (2002, Lichtensteig)		05:33.9	12:17.7	08:24.3	-	-	26:15.8
	22	Lehmann Simon (2002, Wattwil)	-	05:15.7	12:35.0	09:20.8	-	-	27:11.5
	11	Salamin Antonin (1998, Bulle)		02:44.7	10:27.9	07:07.9	-	-	20:20.4
	12	Salamin Benjamin (2001, Bulle)		04:03.1	14:10.8	10:20.2	-	-	28:34.0
	6	Salamin Ursula (1966, Bulle)	B3	05:53.5	15:13.5	15:22.9	-	-	36:29.8
	19	Tschanz Izabela (1980, Walzenhausen)		05:33.0	13:27.1	11:05.4	-	-	30:05.5
	21	Walt Moritz (2002, Wattwil)		05:10.6	13:22.2	08:37.4	-	-	27:10.2

## Juniorinnen 18-19

Rang	Nr	Name	Team	1	2	3	4	5	Gesamt
1.	226	Kuster Marilena (2001, Eschenbach)	Jtri	08:50.8	34:09.5	07:56.6	08:22.7	08:04.8	01:07:24.3
2.	229	Gächter Lotte (2001, Inzing)	SK Rückenwind Innsbruck	09:07.6	43:55.4	12:12.9	15:06.9	11:32.9	01:31:55.6

## Junioren 18-19

# Rangliste Rhyathlon vom 18.08.2019

Rang	Nr	Name	Team	1	2	3	4	5	Gesamt
1.	181	Parfuss Florin (2002, St. Gallen)	612	06:18.5	34:11.0	07:20.5	07:39.1	07:13.8	01:02:42.8
2.	220	Di Bartolomeo Gionas (2001, Heerbrugg)		08:03.7	34:52.0	08:37.2	09:10.9	08:24.1	01:09:07.9
3.	116	Eggenberger Chris (2000, Au)		12:38.8	39:26.4	11:02.3	12:26.6	10:59.4	01:26:33.5

## AK 20-34 weiblich

Rang	Nr	Name	Team	1	2	3	4	5	Gesamt
1.	100	Alexander Nathalie (1989, St. Gallen)	TRI Club Bodensee	07:37.7	33:33.1	09:35.9	09:23.1	08:45.0	01:08:54.8
2.	87	Grob Daria (1993, Balgach)	ostschweizdruck stevens biketeam	10:48.6	37:48.6	09:45.4	10:00.7	09:18.5	01:17:41.8
3.	149	Schmid Rachel (1990, St. Gallen)	TV Teufen	08:47.0	41:14.1	09:17.9	09:21.9	09:12.2	01:17:53.1
4.	196	Huber Desi (1985, Bonstetten)	growINsports	10:09.5	40:18.2	09:21.9	09:36.2	08:57.5	01:18:23.2
5.	91	Schmidt Lea (1999, Appenzell)	RMC Appenzell	07:41.6	40:03.5	10:32.5	10:49.1	10:43.0	01:19:49.7
6.	95	Trinler Ursula (1986, Mannheim)	MTG Mannheim Triathlon	11:19.1	40:53.5	10:19.5	10:47.5	10:20.2	01:23:39.7
7.	123	Schawalder Lara (1995, Herisau)		10:26.1	43:52.7	09:50.6	09:56.6	09:35.3	01:23:41.3
8.	158	Placha Tereza (1999, Berneck)	Schwimmklub Widnau	08:34.0	41:10.4	11:32.3	12:13.1	11:21.4	01:24:51.1
9.	179	Sträuli Alessia (1998, Rehetobel)	vesto.ch	11:46.7	37:39.0	11:30.2	12:09.6	11:59.6	01:25:05.1
10.	147	Platt Anja (1994, St. Gallen)		11:31.5	43:00.7	10:13.1	11:09.0	11:38.6	01:27:32.8
11.	202	Kreis Leonie (1999, Zihlschlacht)		10:31.6	43:37.0	10:58.1	11:35.6	11:22.0	01:28:04.3
12.	99	Eugster Claudia (1987, St. Gallen)		11:14.7	43:38.3	11:44.5	12:44.8	12:19.8	01:31:42.0
13.	108	Lüchinger Jannine (1996, Rebstein)	TTT Rheintal	07:58.3	52:31.8	11:48.6	12:00.3	12:44.5	01:37:03.5
14.	207	Lämmli Aisha (1997, Altenrhein)		12:37.3	50:43.6	12:04.6	13:42.1	13:17.3	01:42:24.8
15.	92	Liechty Martina (1991, Breitenbach)		12:32.7	50:46.4	12:22.8	13:28.6	14:00.0	01:43:10.4
16.	231	Bleiker Sibylle (1985, St.Gallen)		12:46.1	50:39.6	12:42.1	14:54.2	14:24.3	01:45:26.2
17.	104	Züger Nadine (1988, Lantsch Lenz)		11:37.2	52:18.0	18:06.1	18:12.9	18:05.8	01:58:20.0

## AK 20-34 männlich

Rang	Nr	Name	Team	1	2	3	4	5	Gesamt
1.	178	Baumann Gian-Andri (1998, Heiden)	Bischibikes/Kopierpapi er.ch	06:51.5	34:13.6	07:21.4	07:24.7	06:41.3	01:02:32.6
2.	186	Knechtle Cyrill (1997, Mörschwil)	RadSport Frei	07:18.2	33:47.2	07:35.7	07:50.8	07:28.0	01:03:59.9
3.	189	Hofstetter Roman (1989, Bonstetten)	TeamKoach/Growinsp orts.ch	08:32.8	34:55.8	07:37.0	07:51.1	07:35.2	01:06:31.9
4.	174	Kobelt Rolf (1986, Abtwil)	Team Zoot Europe - Sansego	09:56.8	32:47.0	08:06.5	08:06.8	07:42.0	01:06:39.0
5.	199	Rechsteiner Pirmin (1987, Andwil)	Tri Übermot	08:48.0	34:16.0	07:52.7	08:16.1	07:42.0	01:06:54.8
6.	153	Buchs Flavio (1995, St. Gallen)	612 RUN	09:05.4	33:57.4	07:54.2	08:16.2	07:44.9	01:06:58.0
7.	106	Denier Claude (1986, Rottenschwil)	LR Wohlen	08:27.2	34:33.4	09:02.8	08:17.5	08:01.4	01:08:22.2
8.	96	Melsa Martin (1988, Buchs SG)	lb-training.com	08:53.0	34:31.5	08:54.6	09:16.2	09:09.8	01:10:45.1
9.	88	Steiner Daniel (1987, Balgach)	Ostschweizdruck Stevens Bike Team	10:14.9	34:34.2	08:43.9	09:16.4	09:00.1	01:11:49.4
10.	138	Schär Jerome (1988, Au SG)	RadSport Frei	08:59.2	38:33.9	09:09.1	09:20.5	08:34.2	01:14:36.7
11.	112	Simmen Stefan (1985, Sennwald)		09:57.8	38:51.8	08:50.4	09:06.9	08:39.9	01:15:26.7
12.	83	Köppel Benno (1986, Altstätten)	Renault Sport	09:23.8	35:40.4	10:38.2	10:21.3	09:26.0	01:15:29.6
13.	97	Huber Michael (1986, St. Gallen)		10:12.8	38:35.4	09:32.5	09:46.4	09:24.8	01:17:31.8
14.	191	Von Wyl Alex (1992, Wil SG)		10:37.5	39:51.7	09:58.2	10:29.3	10:07.0	01:21:03.8
15.	203	Bührer Andreas (1992, Neuhausen Am Rheinfall)		11:57.2	40:07.4	09:42.2	10:22.1	09:18.1	01:21:27.0
16.	171	Färber Sandro (1996, Züberwangen)		10:29.9	38:09.5	10:56.0	11:59.6	10:42.5	01:22:17.5
17.	102	Sturzenegger Mathias (1990, Rehetobel)		12:47.4	39:42.2	09:38.8	10:03.7	10:23.3	01:22:35.4
18.	114	Chau Ivan (1985, Goldach)		11:09.9	42:51.2	10:00.8	10:13.4	09:51.5	01:24:06.9
19.	127	Mösching Simon (1993, Arosa)	Berghotel Mettmnen / VC Eschenbach	10:56.3	42:09.9	10:00.6	10:42.9	10:32.8	01:24:22.4
20.	103	Dudli Fabio (1990, St. Gallen)		12:12.6	37:33.7	11:48.3	12:05.1	11:42.8	01:25:22.4
21.	119	Butz Severin (1987, Männedorf)		10:03.2	40:30.5	11:39.6	12:16.6	11:38.0	01:26:07.8
22.	201	Annan Ahrmad (1994, Lüdingen)		09:38.7	44:30.9	10:56.3	11:37.4	11:22.4	01:28:05.7
23.	209	Copponi Andrea (1985, Altstätten)		11:33.8	40:40.5	11:37.2	12:33.1	11:57.8	01:28:22.5
24.	136	Müller Jonas (1992, Riehen)		13:01.3	46:39.0	09:52.8	10:06.3	09:42.8	01:29:22.2
25.	152	Forster Dario (1995, Abtwil SG)		16:05.7	55:41.2	10:45.5	11:31.7	10:51.0	01:44:55.1
26.	130	Herrsche Martin (1986, Eichberg)		19:31.9	54:23.7	13:37.4	15:29.1	15:37.4	01:58:39.5

## AK 35-44 weiblich

Rang	Nr	Name	Team	1	2	3	4	5	Gesamt
1.	177	Bruckner Verena (1979, Triesenberg)	Team twenty.six e.V. Roth	08:26.0	36:55.4	09:46.2	10:01.1	09:21.4	01:14:30.1
2.	217	Bichsel Fabienne (1980, Berneck)	RadSport Frei	10:57.3	37:02.7	08:45.2	09:12.8	09:03.9	01:15:01.9
3.	156	Rimann Tamara (1979, St.Gallen)	RimTeam durch zwei	09:29.8	39:50.0	09:02.8	09:02.1	08:44.5	01:16:09.1
4.	121	Sennhauser Julika (1979, Wald)	Lebe leichtfüssig	08:28.3	40:29.9	09:27.1	08:59.4	09:05.4	01:16:30.0
5.	212	Rechsteiner Ramona (1976, Wittenbach)	Triclub Bodensee	10:18.6	39:24.4	10:02.6	10:08.2	09:25.6	01:19:19.3
6.	94	Brassel Martina (1980, St. Gallen)		12:15.1	40:35.9	10:08.6	10:35.5	10:11.7	01:23:46.8
7.	139	Graf Askia (1975, Rebstein)		12:11.5	43:57.0	10:13.5	10:55.0	10:29.5	01:27:46.5
8.	183	Hautle Bianca (1979, Diepoldsau)	Tri Top Team Rheintal	13:30.1	41:54.5	11:08.8	11:56.9	13:11.3	01:31:41.5

# Rangliste Rhyathlon vom 18.08.2019

## AK 35-44 männlich

Rang	Nr	Name	Team	1	2	3	4	5	Gesamt
1.	128	Reitmayr Paul (1984, Dornbirn)	Skinfit Racing Tri Team	07:01.9	33:39.9	07:39.6	07:30.6	07:21.4	01:03:13.5
2.	230	Blum Daniel (1983, Bregenz)		07:03.2	34:06.8	07:50.5	08:11.4	07:57.9	01:05:09.9
3.	182	Hautle Michael (1979, Diepoldsau)	Tri Top Team Rheintal	08:11.0	33:35.5	08:05.2	08:01.2	07:31.1	01:05:23.9
4.	135	Nüesch Mathias (1982, Widnau)	TTT Rheintal	09:19.9	35:25.0	07:03.9	07:10.8	06:56.7	01:05:56.4
5.	145	Spoerry Hans-Heiri (1980, Rebstein)		10:05.3	34:47.1	08:00.6	08:05.9	07:44.4	01:08:43.2
6.	90	Stoikos Chris (1978, Wittenbach)	LG - Wittenbach	09:29.0	35:11.2	08:12.1	08:26.6	08:07.6	01:09:26.5
7.	166	Schwarzwälder Christian (1981, Wittenbach)	LG Wittenbach / Veloclub SG	10:38.5	34:07.7	08:14.6	08:32.4	08:14.9	01:09:48.2
8.	216	Albertin Ismael (1981, St. Gallen)	MILA-Rheintal	13:22.7	35:44.2	07:38.4	07:51.2	07:27.8	01:12:04.2
9.	213	Hüppi Ramon (1984, Marbach)	Tri Top Team Rheintal	09:59.8	37:51.4	09:00.8	08:58.3	08:24.2	01:14:14.4
10.	93	Knöpfel Michael (1981, Haldenstein)		12:02.7	37:28.6	08:32.7	09:06.7	08:39.0	01:15:49.8
11.	170	Dirlewanger Marco (1984, Buchs)	KBIKE	11:12.1	36:08.3	09:52.1	10:11.3	09:10.7	01:16:34.4
12.	198	Meili Philipp (1975, Schmerikon)	SC Diemberg	12:16.3	36:57.2	09:14.4	09:26.2	08:58.8	01:16:52.8
13.	125	Walser Mark (1975, Montlingen)		11:52.5	37:38.7	10:18.5	10:33.7	10:00.2	01:20:23.7
14.	98	Addison Thomas (1982, Wittenbach)		10:27.0	41:46.3	09:48.8	10:05.9	10:07.7	01:22:15.7
15.	117	Ballesteros Carrasco Miguel (1977, St Gallen)	Tri club Bodensee	10:36.2	41:24.9	10:19.9	10:43.6	10:18.9	01:23:23.5
16.	215	Baumgartner Dominik (1983, Montlingen)	FC Montlingen Senioren	11:53.3	42:59.0	09:45.4	10:01.9	09:36.0	01:24:15.5
17.	120	Graf Thomas (1977, Grub AR)	Radsport Frei	11:51.3	37:22.9	11:38.8	12:09.7	12:00.4	01:25:03.1
18.	89	Obmann Bernhard (1975, Marbach)	Pihamola Marbach	12:43.5	40:24.0	10:37.9	10:57.5	10:49.5	01:25:32.5
19.	227	Fach Rico (1982, Güttingen)		13:26.7	44:17.3	10:22.6	10:16.1	10:00.5	01:28:23.2
20.	228	Frei Dominik (1979, St. Gallen)	St. Gallen	12:59.2	43:03.9	11:25.6	11:49.1	10:17.1	01:29:34.9
21.	163	Zogg Yves (1977, Widnau)		11:04.0	44:51.8	11:35.0	12:36.4	12:24.1	01:32:31.3
22.	131	Lutzenberger Thomas (1977, Rebstein)		14:01.3	47:27.0	10:43.1	11:06.3	10:24.4	01:33:42.1
23.	101	Cahenzli Rene (1981, Heerbrugg)		12:17.9	42:02.8	12:39.3	13:36.2	13:14.8	01:33:51.1
24.	190	Zeller Erik (1983, Montlingen)		14:59.8	48:06.4	09:59.0	10:25.9	10:25.0	01:33:56.0
25.	132	Scherrle Michael (1977, Besigheim)		13:03.7	48:45.3	13:42.0	14:42.4	13:04.8	01:43:18.1
26.	197	Schmalz Marcel (1975, Speicher)		13:15.9	47:40.1	14:25.0	16:16.8	15:07.7	01:46:45.5

## AK 45-54 weiblich

Rang	Nr	Name	Team	1	2	3	4	5	Gesamt
1.	205	Patt Sandra (1971, Hirzel)	Tempo-Sport bikespeed.ch	08:29.4	36:58.9	07:57.1	08:11.8	07:50.9	01:09:28.1
2.	187	Jacober Maja (1972, Ossingen)	Tristar Schaffhausen	09:44.2	38:13.0	09:28.5	09:48.7	09:40.9	01:16:55.4
3.	110	Koopmann Susanna (1972, St. Gallen)		11:54.7	40:25.9	09:10.9	09:38.3	09:25.8	01:20:35.6
4.	195	Thurnheer Barbara (1973, Balgach)		11:58.5	40:04.0	09:18.2	10:03.9	09:23.9	01:20:48.4
5.	168	Meier Evelyne (1967, Fehraltorf)	SCUma	10:43.3	39:25.4	10:00.8	10:30.3	10:16.0	01:20:55.8
6.	167	Meile Susan (1969, Kriessern)		12:05.5	40:04.3	09:43.0	10:17.8	09:47.5	01:21:58.1
7.	150	Martella-Wüst Carmen (1970, Aegerten)		13:42.6	46:58.4	14:21.6	15:50.9	14:55.0	01:45:48.6

## AK 45-54 männlich

Rang	Nr	Name	Team	1	2	3	4	5	Gesamt
1.	211	Rechsteiner Dominik (1971, Wittenbach)	Tri Bodensee	07:19.3	33:51.8	07:44.6	07:58.8	07:41.4	01:04:35.9
2.	146	Kolar Robert (1974, Rorschacherberg)	Ostschweiz Druck Stevens Bike Team	09:32.2	33:43.1	07:56.2	08:21.6	08:02.0	01:07:35.1
3.	151	Brandenberger Erwin (1970, Roggwil)	TRI Club Bodensee	09:40.5	35:11.1	08:12.4	08:20.2	08:07.6	01:09:31.8
4.	176	Vuketic Robert (1973, Baar)		08:45.5	34:23.0	08:51.4	09:05.9	08:38.0	01:09:43.8
5.	161	Walser Andreas (1968, St.Gallen)	Tri Club Bodensee	08:53.8	34:23.6	09:06.5	09:13.5	09:02.4	01:10:39.8
6.	124	Kraus Ulrich (1968, Engelburg)	Tri-Cub Bodensee	07:35.1	35:35.6	08:44.1	09:08.0	09:37.9	01:10:40.6
7.	210	Eugster Christoph (1967, Wolfhalden)		09:55.0	35:03.5	08:31.0	08:50.9	08:36.2	01:10:56.6
8.	107	Leuener Felix (1969, Oberriet)	TTT Rheintal	10:28.8	34:30.9	09:24.6	09:37.9	09:03.9	01:13:06.0
9.	142	Kandel Michel (1965, Oberriet)	Tri Top Team Rheintal	09:01.2	34:19.9	10:16.3	10:09.8	09:39.1	01:13:26.3
10.	105	Tschümperlin Reto (1965, Au)	Radsport Frei	11:17.8	36:37.1	10:32.7	10:31.3	09:57.1	01:18:56.0
11.	192	Saks Tauno (1970, Diepoldsau)		10:19.4	39:08.6	10:11.4	10:23.3	10:04.9	01:20:07.7
12.	172	Tocek Mischa (1968, Winterthur)		11:32.5	39:23.8	10:10.1	10:07.7	09:26.9	01:20:41.0
13.	184	Schiess Kurt (1965, Staad)		10:00.7	42:18.1	10:03.8	10:11.8	09:21.6	01:21:56.0
14.	85	Oberdorfer Richard (1971, Balgach)	BENDURA Laufclub	13:28.3	42:16.4	10:17.1	10:36.0	10:03.2	01:26:40.9
15.	206	Würsch Rene (1971, Oberriet)	fit&fun Kobelwald	12:07.8	42:49.0	10:21.6	10:58.6	10:27.6	01:26:44.5
16.	126	Jehle Roland (1974, Au)		11:38.9	39:31.7	11:38.1	12:37.6	12:24.2	01:27:50.4
17.	144	Oberli Thomas (1965, Balzers)		11:30.6	40:52.5	11:55.8	14:00.3	13:49.7	01:32:08.8
18.	160	Zwicker Thomas (1966, Goldach)		12:01.5	40:56.4	12:59.0	14:46.9	15:26.5	01:36:10.2
19.	223	Niederer Armin (1965, Staad SG)		15:24.6	48:24.3	09:11.1	12:00.0	12:22.0	01:37:22.0
20.	194	Matthias Michael (1966, Diepoldsau)		14:42.6	44:42.7	14:23.7	15:33.9	14:21.2	01:43:44.2

## AK 55p weiblich

Rang	Nr	Name	Team	1	2	3	4	5	Gesamt
1.	173	Engler Irene (1962, Balgach)	TG Hütten Masters / Mila Rheintal	09:55.9	39:47.5	10:28.6	11:01.0	10:33.8	01:21:46.9
2.	222	Widmer Wendy (1959, Altstätten)		13:52.6	47:44.2	11:13.8	11:36.2	11:07.7	01:35:34.4
3.	221	Gut Eva (1951, Volketswil)	LC Uster	16:14.4	52:52.1	14:53.9	16:02.2	15:26.8	01:55:29.4

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## AK 55p männlich

Rang	Nr	Name	Team	1	2	3	4	5	Gesamt
1.	140	Appius Aeneas (1960, Böckten)	Team Swiss Emotions	10:32.5	36:08.7	08:31.5	08:18.2	07:58.1	01:11:29.1
2.	141	Appius Christoph (1962, Wattwil)		10:36.5	36:26.6	08:33.1	08:35.2	08:08.2	01:12:19.6
3.	155	Segmüller Roland (1960, Eichberg)	Tri Top Team Rheintal	09:58.8	35:00.4	09:18.9	09:19.8	08:53.7	01:12:31.6
4.	169	Meier Albert (1964, Fehraltorf)	SCUma	09:11.9	35:42.9	09:02.0	09:35.8	09:27.7	01:13:00.3
5.	208	Schär Christoph (1961, Gossau)		10:34.9	36:54.0	09:54.8	09:55.0	09:15.8	01:16:34.5
6.	157	Caprez Alfi (1956, Bubikon)	Hintermann-Racing	08:09.6	35:04.3	09:03.6	09:10.8	18:15.8	01:19:44.0
7.	232	Pauli Kurt (1960, Kesswil)		10:44.2	38:36.1	10:24.8	10:54.8	10:27.1	01:21:07.0
8.	214	Graf Kurt (1964, Amriswil)	Tri Club Bodensee	11:21.4	37:39.5	10:29.1	10:54.2	10:49.7	01:21:13.8
9.	185	Thöny Markus (1961, Widnau)		11:38.2	38:08.7	11:02.3	11:54.7	11:49.6	01:24:33.4
10.	80	Röthlisberger Paul (1964, Gossau)	eitzinger sports	10:47.7	39:57.8	11:02.4	11:35.8	11:32.2	01:24:55.9
11.	134	Dietsche Ruedi (1963, Kriessern)	KTV Kriessern	13:05.4	39:23.6	10:43.9	11:31.2	11:12.7	01:25:56.8
12.	81	Recktenwald Thomas (1962, Au)	Laufseminar St. Margrethen	11:20.3	41:24.6	11:35.6	11:30.5	10:54.5	01:26:45.4
13.	113	Bänziger Peter (1959, Rehetobel)	SV Rehetobel	13:58.1	41:53.6	10:20.9	10:34.4	10:11.6	01:26:58.6
14.	154	Berger Peter (1958, Maienfeld)	Tribodensee	11:07.2	39:36.8	11:49.0	12:24.5	12:19.4	01:27:16.9
15.	204	Dürst Martin (1961, Diepoldsau)	Radsport FREI	11:02.6	37:50.4	12:59.7	13:37.2	13:40.3	01:29:10.2
16.	225	Amann Markus (1963, Widnau)		14:18.9	41:20.9	11:23.8	11:44.5	11:06.6	01:29:54.7
17.	193	Brewer Paul (1948, Hinterforst)		13:39.4	41:30.8	11:55.9	12:33.6	11:55.1	01:31:34.8
18.	148	Bürgisser Marc (1963, Lindau)		12:31.8	44:51.6	13:05.8	13:50.8	13:35.6	01:37:55.5
19.	109	Sieber Martin (1961, Marbach)	PihMola Marbach	14:34.2	47:22.9	12:27.7	13:53.9	13:54.4	01:42:13.0
20.	162	Mallepell Jürg (1954, Urdorf)	tri team limmattal	08:50.1	38:30.1				
21.	159	Lipp Reto (1964, Rorschacherberg)		14:22.1	53:03.3				

## Plauschstaffette

Rang	Nr	Name	Team	1	2	3	4	5	Gesamt
	261	MobiLadies Rothauer Adriana (1995, Widnau) Indermaur Sarina (2002, Diepoldsau) Miggiano Antonella (1983, St. Gallen)		04:44.2	16:27.2	12:03.0	-	-	33:14.3
	260	MobiMen Camenisch Fabian (1986, Rheineck) Sonderegger Fabienne (1985, Kriessern) Steiger Dominik (1998, Montlingen)		03:40.3	15:19.1	07:34.2	-	-	26:33.6
3.	265	Team Radsport Frei Frei Sabine (1966, Au) Frei Celina (1998, Au) Frei Susanne (1970, Heerbrugg)		04:55.5	13:30.3	10:09.5	-	-	28:35.3
	262	The illusionists Spirig Olivia (1988, Widnau) Knechtle Jasmin (1989, Altstätten) Federer Andrea (1988, St. Gallen)		05:19.5	13:06.2	10:52.3	-	-	29:17.9
	274	Tri Club Lindenberg Stenzel Thomas (1970, Lindenberg) Kleindienst Lara (2004, Lindenberg) Kleindienst Kathrin (1977, Lindenberg Im Allgäu)		04:10.5	13:14.6	09:17.8	-	-	26:42.9

## Stafette klein

Rang	Nr	Name	Team	1	2	3	4	5	Gesamt
1.	264	Speedy Gonzales Auer Raphael (2004, Marbach) Zill Andrea (2003, Jonschwil) Auer Elia (2003, Marbach)		03:42.4	11:23.3	07:07.4	-	-	22:13.1
2.	263	Zünd MobilCenter Junior Halter Leonie (2006, Altstätten) Alder Micha (2006, Altstätten) Kapferer Markus (2005, Altstätten)		03:05.0	10:24.0	09:23.1	-	-	22:52.2
3.	271	Tipilzouar-Allrounder Weiss Felix (2006, Diepoldsau) Pasche Lucien (2005, Diepoldsau) Vatrella Ruven (2006, Diepoldsau)		03:06.2	12:46.3	08:47.3	-	-	24:39.8
4.	268	Zünd MobilCenter Junior 2 Halter Andri (2008, Altstätten) Wirth Gianluca (2008, Altstätten) Kapferer Simon (2006, Altstätten)		03:21.1	12:56.7	08:47.4	-	-	25:05.2
5.	272	Sauschö Sauter Noa (2010, Gais) Schöni Janik (2009, Gais) Schöni Timea (2006, Gais)		03:34.5	14:52.7	09:22.1	-	-	27:49.4
6.	269	Baggersee- Flitzer Weibel Mia (2008, Arnegg)		04:45.0	14:21.2	09:57.2	-	-	29:03.4

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		Vögel Silvan (2006, St. Gallen) Weibel Marco (2011, Arnegg)							
7.	266	Die Drei Fragezeichen Schelling Janine (2007, Widnau) Köppel Simea (2006, Widnau) Scherrer Leila (2006, Widnau)	02:54.3	15:36.0	11:27.9	-	-		<b>29:58.1</b>
8.	273	Wydehüpfer Schelling Joel (2009, Widnau) Sinkovec Jan (2008, Widnau) Sinkovec Simon (2008, Widnau)	03:12.1	17:08.8	10:24.5	-	-		<b>30:45.3</b>
9.	270	AlSiFy Gall Silja (2008, Balgach) Zwicky Fynn (2009, Balgach) Hutter Aline (2009, Balgach)	05:14.4	15:25.4	10:32.6	-	-		<b>31:12.3</b>

## Stafette gross

Rang	Nr	Name	Team	1	2	3	4	5	Gesamt
1.	300	The Schawis Team Radsport Frei Dudli-Schawalder Chantal (1989, Widnau) Schawalder Alexander (1962, Widnau) Baumann Nando (1996, Heiden)		07:51.8	33:00.4	06:41.5	06:54.5	06:42.6	<b>01:01:10.8</b>
2.	304	Bischi-Team Quartier Sven (1970, Wolfhalden) Bischof Christof (1978, Rorschach) Calabria Roman (1976, Wolfhalden)		08:00.4	32:40.0	07:39.4	07:53.1	07:31.8	<b>01:03:44.7</b>
3.	319	MILA-Hüpfer Eichenberger Philippe (1983, Altstätten) Marquart Manuel (1982, Rebstein) Donati-Nauer Thomas (1983, Marbach)		07:44.6	33:05.7	07:23.6	08:01.9	07:40.3	<b>01:03:56.1</b>
4.	327	Speedskating Liechtenstein Nussbaumer Martina (1993, Menzingen) Veraguth Silvano (1992, Buchs) Becker Ruedi (1985, Buchs)		08:26.2	35:35.1	06:57.4	07:10.7	06:57.7	<b>01:05:07.1</b>
5.	301	ohne Mutter Köppel Thomas (1969, Gontenbad) Köppel Jan (2000, Gontenbad) Köppel Lars (2001, Gontenbad)		07:10.4	33:05.0	08:08.1	09:10.6	09:16.5	<b>01:06:50.6</b>
6.	321	Wyden 1 Crescenti Sandro (1981, Buchs SG) Roth Remo (1974, Widnau) Ponader Volker (1973, St.Gallen)		07:42.3	35:43.0	08:35.9	09:07.7	08:24.6	<b>01:09:33.4</b>
7.	310	Organized Chaos Brülisauer Ladina (2000, Altstätten) Jegle Joel (2000, Rebstein) Kugler Joel (2000, Rebstein)		09:35.8	35:18.5	08:29.5	11:06.5	10:09.7	<b>01:14:40.0</b>
8.	306	Traineriisatz Sonderegger Saskia (1991, Altstätten) Sieber Raphael (1995, Heerbrugg) Engler Katja (1994, Balgach)		07:56.1	36:20.2	09:37.5	10:56.9	10:45.2	<b>01:15:35.7</b>
9.	331	Wyden 2o Scheiwiler Marisa (1959, Heerbrugg) Oberholzer Robert (1974, Widnau) Widmer Martin (1971, Kriessern)		11:03.9	37:32.9	09:38.3	09:50.0	09:18.9	<b>01:17:23.9</b>
10.	316	Sack-oder-Stark Straub Bianca (1978, Freidorf) Wagner Lothar (1959, Berneck) Berger Raphael (1988, Berneck)		10:27.2	38:05.4	09:40.1	09:57.4	09:26.3	<b>01:17:36.3</b>
11.	335	SFS HR Fokussierung Elsener Ricardo (1982, Heerbrugg) Schubernigg Michael (1965, Berneck) Späth Sonja (1972, Heerbrugg)		09:40.3	35:21.4	10:40.6	11:10.3	10:50.6	<b>01:17:43.2</b>
12.	328	PihaMola-Frauenpower pur Eggenberger Flurina (1998, Altstätten) Halter Silvia (1967, Marbach) Volz-Wüst Fabienne (1983, Altstätten)		10:25.1	41:13.4	08:20.2	09:11.1	08:57.7	<b>01:18:07.4</b>
13.	307	Morx und Krampf Teil 3 Schawalder Reto (1959, Arnegg) Barber Fredy (1963, Balgach) Schawalder Elisabeth (1960, Arnegg)		09:02.3	35:56.3	10:44.7	11:27.8	11:07.2	<b>01:18:18.3</b>
14.	302	Gli ultimi Widmer Fredy (1983, Rebstein) Widmer Fredy (1959, Rebstein)		07:40.0	44:29.3	08:56.8	09:37.4	09:04.1	<b>01:19:47.6</b>

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15.	332	Graf Björn (1985, Rebstein) Erdmännfrauchen Weiss Roger (1964, Wil) Bossi Andreas (1962, Wil) Landolt Daniela (1973, Niederhelfenschwil)	09:57.1	38:37.5	10:01.1	10:41.6	10:48.6	<b>01:20:05.9</b>
16.	308	Finishen ist alles Schawalder Kuno (1958, Herisau) Graf Alex (1957, Rorschach) Schawalder Sabina (1961, Herisau)	09:41.8	35:21.9	11:38.8	12:10.4	11:48.4	<b>01:20:41.3</b>
17.	323	Go Posta Au Baumgartner Simone (1981, Diepoldsau) Baumgartner Roland (1978, Diepoldsau) Keller Stefan (1986, Diepoldsau)	12:21.8	36:59.7	10:19.7	11:12.7	10:55.5	<b>01:21:49.3</b>
18.	313	Chickenwins Weiss Liane (1980, Diepoldsau) Zollikofer AJ (1987, Obereggen) Graf Anna (1976, Marbach)	10:29.9	39:12.3	10:30.7	11:27.1	11:21.1	<b>01:23:01.2</b>
19.	317	VATs up Müller Graf Mia (1955, Marbach) Blecha Thomas (1960, Feldkirch) Rohner Rico (1977, Balgach)	11:30.5	45:45.1	08:51.7	09:20.1	08:48.5	<b>01:24:15.9</b>
20.	322	dia vom Kalessen Kobler Laura (2005, Marbach) Kobler Michael (1972, Marbach) Kobler Andrea (1973, Marbach)	07:39.7	37:39.1	13:42.2	14:50.5	14:31.0	<b>01:28:22.6</b>
21.	305	Team Sei Wild Pridgar Patrik (1972, Oberriet SG) Kühnis Mauro (1998, Oberriet SG) Steiger Jessica (1976, Diepoldsau)	14:15.1	46:04.8	12:12.2	13:09.3	13:09.7	<b>01:38:51.1</b>
22.	354	Schoenauer + Graf AG Leuener Gabriela (1970, Oberriet) Breitenmoser Ignaz (1959, Rebstein) Weder Fabian (1997, Rebstein)	10:04.9	55:55.2	10:24.0	10:14.0	13:03.0	<b>01:39:41.0</b>

## Firmenstaffette

Rang	Nr	Name	Team	1	2	3	4	5	Gesamt
1.	351	swissQprint Nyala Schnetzler Philipp (1984, Lauterach) Steiger Marc (1975, Diepoldsau) Berger Christian (1979, Kriessern)		07:59.3	32:48.5	08:48.9	09:43.8	09:06.0	<b>01:08:26.5</b>
2.	349	swissQprint Karibu Kuster Michael (1986, Balgach) Lenherr Michael (1987, Oberriet) Lüchinger Kurt (1975, Montlingen)		07:57.8	32:49.0	09:16.8	10:00.7	09:31.4	<b>01:09:35.7</b>
3.	360	Safran Vectronix Eschenmoser Dominik (1988, Rebstein) Kaufmann Marcel (1982, Heerbrugg) Halter Marcel (1986, Marbach)		09:46.4	35:11.3	08:06.9	08:28.7	08:03.8	<b>01:09:37.1</b>
4.	373	SFS TS - MBE Ignatyev Alexey (1992, Heerbrugg) Hauser Aaron (1989, Rorschach) Bischofberger Guido (1969, Obereggen)		09:37.1	35:25.7	08:01.2	08:36.1	08:23.9	<b>01:10:04.1</b>
5.	362	innoVATION Marzinotto Alejandro (1990, Buchs) Obrecht Lukas (1985, Balgach) Rüegg Andres (1960, Chur)		10:48.9	39:56.6	08:08.1	08:21.1	07:58.9	<b>01:15:13.6</b>
6.	347	Zünd MobilCenter Halter Richard (1967, Altstätten) Kuster Gabriel (2000, Altstätten) Breu Adrian (2002, Altstätten)		09:54.6	34:49.5	08:55.2	10:13.3	11:23.7	<b>01:15:16.2</b>
7.	369	Drei Bengel für SwissOptic Kluser Roger (1974, St. Gallen) Walt Dominik (1980, Weiler) Hanspeter Klaus (1982, Dornbirn)		07:34.8	43:23.3	08:34.6	08:39.5	08:05.6	<b>01:16:17.8</b>
8.	359	Alpha Team - Die Unverwüstlichen Pallecchi Nando (2000, St. Margrethen) Wirth Luca (2000, Au) Stoop Sandro (1999, Heerbrugg)		10:54.0	38:48.8	08:54.0	09:26.5	09:17.4	<b>01:17:20.7</b>
9.	367	BomVATisch Goldbach-Aschemann Stephanie (1974, Sevelen) Nestle Elmar (1969, Rankweil) Christen Thomas (1979, Marbach)		11:29.1	43:06.4	07:44.5	08:12.1	07:59.1	<b>01:18:31.2</b>

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10.	368	Lüchinger-Powermen Helbling Christian (1980, Oberriet) Heller Daniel (1971, Diepoldsau) Kobler Adrian (1996, Kriessern)	10:57.9	39:46.5	08:39.8	09:46.3	09:32.1	<b>01:18:42.5</b>
11.	365	VATastisch Barran Ingo (1980, Feldkirch) Bobnar Guido (1967, Eichberg) Jokar Samir (1993, Buchs SG)	10:32.4	40:20.5	09:58.3	10:35.6	10:21.9	<b>01:21:48.7</b>
12.	375	Locher Bausysteme ohne Frau Jokiel Paul (1962, Montlingen) Baumgartner Markus (1958, Au) Pfister Markus (1966, Au)	10:14.6	39:55.0	09:58.5	10:56.6	11:00.6	<b>01:22:05.2</b>
13.	371	SFS TS - TI Hunziker Ramon (1997, Diepoldsau) Calzaferri Maurus (1995, Rebstein) Kehl Joel (1998, Rebstein)	11:25.6	41:37.4	08:55.4	10:12.8	10:26.5	<b>01:22:37.7</b>
14.	374	Locher Bausysteme mit Frau Frei Hanspeter (1960, Au) Nufer Ernst (1957, Au) Lichtensteiger Denise (1974, Montlingen)	10:26.5	45:03.6	08:55.7	09:44.2	09:26.6	<b>01:23:36.6</b>
15.	366	Fun VAT Bless Roger (1975, Flums) Dahlstroem Karin (1970, Wettingen) Walker John (1985, Grabs)	10:28.3	44:18.0	09:17.8	10:03.6	09:52.1	<b>01:23:59.8</b>
16.	341	PS 25 Ammann Jacqueline (1975, Widnau) Frei Oliver (1971, Widnau) Forrer Daniel (1979, Widnau)	09:53.8	43:08.7	09:48.3	11:03.4	10:23.3	<b>01:24:17.5</b>
17.	348	APM Technica Seewer Marianne (1961, Rebstein) Achtzehn Mike (1981, Sigmarszell) Török Gabriella (1985, Berneck)	11:22.2	40:17.7	09:59.8	11:21.3	11:22.3	<b>01:24:23.3</b>
18.	342	Tippilzouar Gmoandler Bruss Bryan (1995, Diepoldsau) Lapp Jean-Luc (1986, Rheineck) Rüdisühli Fabian (1998, Berneck)	11:40.7	46:46.3	08:46.5	09:05.4	08:28.6	<b>01:24:47.5</b>
19.	370	SFS TS - ISM Strohmaier Christian (1965, Diepoldsau) Rupper Eugen (1954, Diepoldsau) Strässle Beat (1964, Heiden)	14:51.5	43:18.3	09:36.0	10:15.6	10:14.0	<b>01:28:15.5</b>
20.	372	Team Raiffeisenbank Mittelrheintal Schnider Ivo (1959, Widnau) Würth Roman (1958, Widnau) Sutter Urs (1963, Marbach)	13:08.8	48:01.7	09:30.2	10:27.4	10:06.7	<b>01:31:14.8</b>
21.	343	Physio Kandel Kandel Esther (1974, Oberriet) Brigov Ivo (1988, Rankweil) Blum Sarah (1987, Laterns)	11:21.0	45:18.6	11:25.4	12:32.9	12:22.6	<b>01:33:00.4</b>
22.	356	Achtung Links Beat Sport Bollhalder Pascal (1991, Diepoldsau) Staub Sven (1997, Widnau) Wehrli Ramon (1988, Balgach)	12:33.1	46:02.8	09:32.5	11:05.6	14:06.0	<b>01:33:20.1</b>
23.	346	Valida Pirmin Kurz (1993, St. Gallen) Daniel Hertle (1975, St. Gallen) Cyrill Baur (1990, St. Gallen)	11:58.8	47:24.1	10:26.3	12:05.4	12:12.6	<b>01:34:07.1</b>
24.	364	VAT Semi Flash Bereuter Rene (1976, Wolfurt) Büchel Fabian (1992, Lienz SG) Dür Michael (1983, Hohenweiler)	13:52.1	46:43.2	10:54.9	11:48.3	11:49.8	<b>01:35:08.2</b>
25.	344	Tippilzouar Rappenspalter Sieber Luca (1996, Widnau) Oehy Chiara (1997, Diepoldsau) Keel Marco (1992, Rebstein)	14:14.2	52:42.8	10:15.8	10:46.6	10:24.6	<b>01:38:24.0</b>
26.	361	Alpha - Mixed Team Vatrella Nadja (1973, Diepoldsau) Espanhol Carlo (1997, Heerbrugg) Gerig Donatus (1983, St. Margrethen)	10:31.3	52:21.5	10:45.3	14:08.3	13:55.2	<b>01:41:41.5</b>