

# Rangliste MILA 5000m vom 11.03.2020

## Gruppe2

Rang	Nr	Name	Team	1	2	3	4	5	6	7	8	9	10	11	12	13	Gesamt
1.	44	Litscher Berni (1955, Berneck)	MILA Rheintal	00:46.6	01:36.6	01:38.9	01:38.1	01:38.7	01:39.0	01:37.5	01:37.1	01:38.5	01:40.6	01:39.4	01:38.0	01:35.4	<b>20:24.4</b>
2.	40	Leuener Felix (1969, Oberriet)	TTT Rheintal	00:47.6	01:36.6	01:38.7	01:37.4	01:38.7	01:38.9	01:36.6	01:37.2	01:38.7	01:40.6	01:41.6	01:41.8	01:41.2	<b>20:35.4</b>
3.	42	Rohner Rico (1977, Balgach)		00:47.1	01:36.3	01:38.7	01:38.7	01:38.9	01:41.5	01:42.3	01:41.7	01:42.3	01:43.2	01:43.7	01:43.8	01:28.9	<b>20:47.0</b>
4.	22	Volz-Wüst Fabienne (1983, Altstätten)	PihaMola Marbach	00:47.0	01:37.0	01:38.9	01:38.7	01:38.8	01:41.5	01:43.0	01:42.1	01:43.3	01:45.4	01:45.5	01:45.2	01:37.4	<b>21:03.7</b>
5.	34	Lenzi Ewald (1964, Widnau)	MILA Rheintal	00:52.5	01:42.1	01:43.3	01:43.6	01:43.0	01:41.8	01:42.7	01:42.3	01:43.3	01:40.7	01:42.6	01:42.0	01:40.8	<b>21:20.7</b>
6.	2	Amann Norbert (1956, Au)	MILA Rheintal	00:48.3	01:39.2	01:42.7	01:43.6	01:43.9	01:44.1	01:43.4	01:45.3	01:45.0	01:45.6	01:46.5	01:45.7	01:37.7	<b>21:30.9</b>
7.	16	Stauffler Laurent (1955, Widnau)	MILA Rheintal	00:49.2	01:40.6	01:44.2	01:45.0	01:46.1	01:44.6	01:44.3	01:45.0	01:44.5	01:44.3	01:46.6	01:44.9	01:36.4	<b>21:35.6</b>
8.	6	Benz Walter (1968, Berneck)	MILA Rheintal	00:49.5	01:44.0	01:43.5	01:44.4	01:44.8	01:47.0	01:48.2	01:47.8	01:47.9	01:48.6	01:50.0	01:50.2	01:41.3	<b>22:07.3</b>
9.	32	Frei Rene (1963, Widnau)	MILA Rheintal	00:53.2	01:47.5	01:47.8	01:47.2	01:48.5	01:47.1	01:44.6	01:45.5	01:46.2	01:48.2	01:48.9	01:47.8	01:44.5	<b>22:17.0</b>
10.	4	Moschen Reto (1965, Diepoldsau)	MILA Rheintal	00:52.0	01:46.2	01:48.2	01:48.7	01:49.2	01:50.4	01:49.7	01:48.4	01:48.6	01:48.9	01:48.2	01:47.9	01:37.6	<b>22:23.9</b>
11.	24	Graf Askia (1975, Rebstein)		00:52.8	01:51.8	01:46.7	01:47.9	01:49.8	01:47.8	01:48.0	01:48.2	01:48.7	01:48.8	01:48.1	01:48.0	01:41.1	<b>22:27.7</b>
12.	8	Schmid Moritz (1959, Balgach)	MILA Rheintal	00:50.3	01:45.3	01:49.4	01:53.2	01:54.1	01:53.0	01:52.9	01:53.4	01:53.9	01:56.4	01:54.8	01:56.5	01:51.7	<b>23:24.9</b>
13.	10	Stieger Therese (1976, Oberriet)	MILA Rheintal	00:53.9	01:53.1	01:54.4	01:54.6	01:55.2	01:54.0	01:50.6	01:52.2	01:52.3	01:53.7	01:52.4	01:52.9	01:48.4	<b>23:27.5</b>
14.	38	Schwerzmann Judith (1980, Balgach)	MILA Rheintal	00:53.0	01:53.7	01:54.7	01:54.7	01:55.2	01:57.0	01:59.0	02:01.0	02:00.6	02:04.3	02:00.7	02:01.3	01:58.2	<b>24:33.2</b>
15.	18	Ebnetter Rina (1955, Rüthi)	MILA Rheintal	00:56.1	02:00.8	02:04.0	02:05.2	02:05.6	02:07.9	02:08.8	02:09.2	02:09.0	02:08.1	02:07.6	02:06.4	02:00.3	<b>26:08.9</b>
16.	36	Oehler Jeannine (1966, Rebstein)	MILA Rheintal	00:58.4	02:06.2	02:09.3	02:10.6	02:03.7	02:00.7	02:06.0	02:07.1	02:07.3	02:07.2	02:07.2	02:07.1	01:58.6	<b>26:09.3</b>
17.	28	Brunner Heinz (1960, Balgach)	MILA Rheintal	00:58.5	02:05.1	02:09.4	02:11.3	02:13.6	02:13.3	02:10.6	02:11.9	02:11.6	02:10.6	02:09.1	02:08.6	02:03.4	<b>26:56.9</b>
18.	20	Sieber Martin (1961, Marbach)	PihMola Marbach	01:02.2	02:13.3	02:14.9	02:14.5	02:14.5	02:17.0	02:16.6	02:19.4	02:18.6	02:20.6	02:16.8	02:17.2	02:10.2	<b>28:15.7</b>
19.	14	Zeni Paul (1946, Rebstein)	MILA Rheintal	01:01.3	02:13.8	02:20.3	02:25.0	02:28.3	02:32.4	02:34.5	02:32.9	02:35.8	02:35.4	02:37.8	02:35.6	02:33.1	<b>31:06.1</b>
20.	46	Novakova Jana (1986, Heerbrugg)	MILA Rheintal	01:01.9	02:10.8	02:23.2	02:29.0	02:34.5	02:39.2	02:38.9	02:42.9	02:41.4	02:44.1	02:44.2	02:41.5	02:34.8	<b>32:06.2</b>